

18 Week Commitment

Sponsor Meeting @ 5:30				Required Reading Assignment	Required Writing Assignment	Highly Suggested 12 x 12 Reading	
	Week 1	01/23/23	CD1	Forwards	3rd: Page XV to XXII 4th: Page XV to XXIV	NONE	NONE
	Week 2	01/30/23	CD2	Preface	3rd: Page XI to XIV and XXIII to XXIV 4th: Page XI to XIV and XXV to XXVI	NONE	12&12: Forward
Sp Mtg.	Week 3	02/06/23	CD3	The Doctor's Opinion	3rd: Page XXIV to XXX 4th: Page XXVI to XXXII	NONE	12&12: Step One
	Week 4	02/13/23	CD4	Bill's Story	3rd: Page 1 to 14 4th: Page 1 to 14	NONE	NONE
	Week 6	02/20/23	CD5	HOLIDAY	HOLIDAY	NONE	NONE
	Week 5	02/27/23	CD5	There is a Solution	Page 14 to 26	NONE	NONE
	Week 7	03/06/23	CD6	More about Alcoholism	Page 26 to 44	NONE	NONE
Sp Mtg.	Week 8	03/13/23	CD7	We Agnostics	Page 44 to 60	NONE	12&12: Step Two
	Week 9	03/20/23	CD8	How It Works	Page 60 to 63	NONE	12&12: Step Three
	Week 10	03/27/23	CD9	Step 3 * (We Take Step 3 Together)	Page 63 to 64	NONE	NONE
Sp Mtg.	Week 11	04/03/23	CD10	Step 4-Resentments	Page 64 to 67	Resentments Worksheet: Columns 1, 2 & 3 ONLY	12&12: Step Four
	Week 15	04/10/23	CD11	HOLIDAY	HOLIDAY	NONE	NONE
Sp Mtg.	Week 12	04/17/23	CD11	Step 4-Resentments	Page 67	Resentments Worksheet: Finish Columns 4 & 5	NONE
	Week 13	04/24/23	CD12	Step 4-Fears	Page 67 to 68	Fears Worksheet: ALL 5 COLUMNS	NONE
Sp Mtg.	Week 14	05/01/23	CD13	Step 4 - Sexual Harms & Harms Other Than Sexual	Page 68 to 71	Sexual Conduct Worksheet ALL 5 COLUMNS Harms Other Than Sexual ALL 5 COLUMNS	NONE
	Week 16	05/08/23	CD14	Steps 5, 6, & 7- Into Action	Page 71 to 76	MEET W/ SPONSOR STEPS 5, 6 & 7	12&12: Steps 5, 6 & 7
	Week 17	05/15/23	CD15	Evening to Share**	NONE	NONE	NONE
Sp Mtg.	Week 18	05/22/23	CD15	Steps 8 & 9	Page 76 to 84	Step 8 Worksheet: List harms done to others under NOW, LATER, MAYBE, NEVER. Call your sponsor and make one amends.	12&12: Steps 8 & 9
	Week 15	05/29/23	CD16	HOLIDAY	HOLIDAY	NONE	NONE
	Week 19	06/05/23	CD16	Steps 10, 11, & 12	Page 84 to 103	NONE	12&12: Steps 10, 11 & 12
	Week 20	06/12/23	CD17	CLOSING Celebration	NONE	NONE	NONE

* Very Important Meeting for ALL of Us...Please make arrangements to be here for the whole meeting.

** Please plan to stay past 7:30 - Make the necessary arrangements for babysitting, ride, etc.